Cloverdale Golden Age Center



Cloverdale Golden Age Center 1919 Cynthia Street Savannah, GA 31415

> Contact: Linda Johnson (912) 236-1244

Linda Johnson, Recreation Leader

The Golden Age Program offers a wide variety of recreational programming geared toward self-sufficient seniors, ages 55 and older, for an annual registration fee of \$5 (for city residents) and \$7 (for non-city residents). Delicious, nutritionally balanced, lunches are served daily to seniors 60 and older (daily contributions accepted and 24 hours advance notice required). Seniors 55-59 may order meals at full price. In addition to daily activities, occasional guest speakers provide a wealth of information. Centers participants also enjoy monthly local bus trips and quarterly out-of-town trips so please call the center of your choice prior to visiting. Center Permit Application

Golden Age Centers are closed weekends and holidays.	
Monday - Friday, 9:30am - 1:30pm	
(Adults 55+)	
Registration Sign-up:	Monday's & Thursday's 9:45-10:45am
Blood Pressure Check:	Second Thursday of each month 10:00-10:30
Lunch:	Monday-Wednesday & Friday 11:30a-12:30p,
	Thursday 12:00 – 1:00p
Computer Classes:	Monday 10:55-11:40am
Fitness Room:	Monday - Friday, 9:30 - 1:30pm
Coffee and Conversations:	Monday 9:45-10:15am, Tuesday –Wednesday
	9:30-10:00am
Ceramics-Craft:	Monday 10:15-11:30am
Fellowship/Sing-a-long:	Tuesday 10:00 – 10:30am
Bible Study:	Tuesday 10:30-11:15am
Crochet, Fun Table, Art Painting, Sewing, or	Tuesday 12:45-1:15pm & Thursday 9:45-10:45a
Tens Game:	
Chair Exercise-Volleyball	Wednesday 10:45-11:30
Bingo/Fun Friday:	Monday & Wednesday 12:45-1:30pm, & Friday
	9:30 – 11:30am & 12:45-1:00pm
Table Games:	Thursday 10:45-11:45am
Women's Rap:	Thursday 1:00 -1:30pm